

HEALTHY PLACES

County roles in Behavioral Health System

Grays Harbor County Commissioner Vickie Raines & Healthy Places Manager Cassie Lentz
November 16, 2022



HEALTHY PLACES

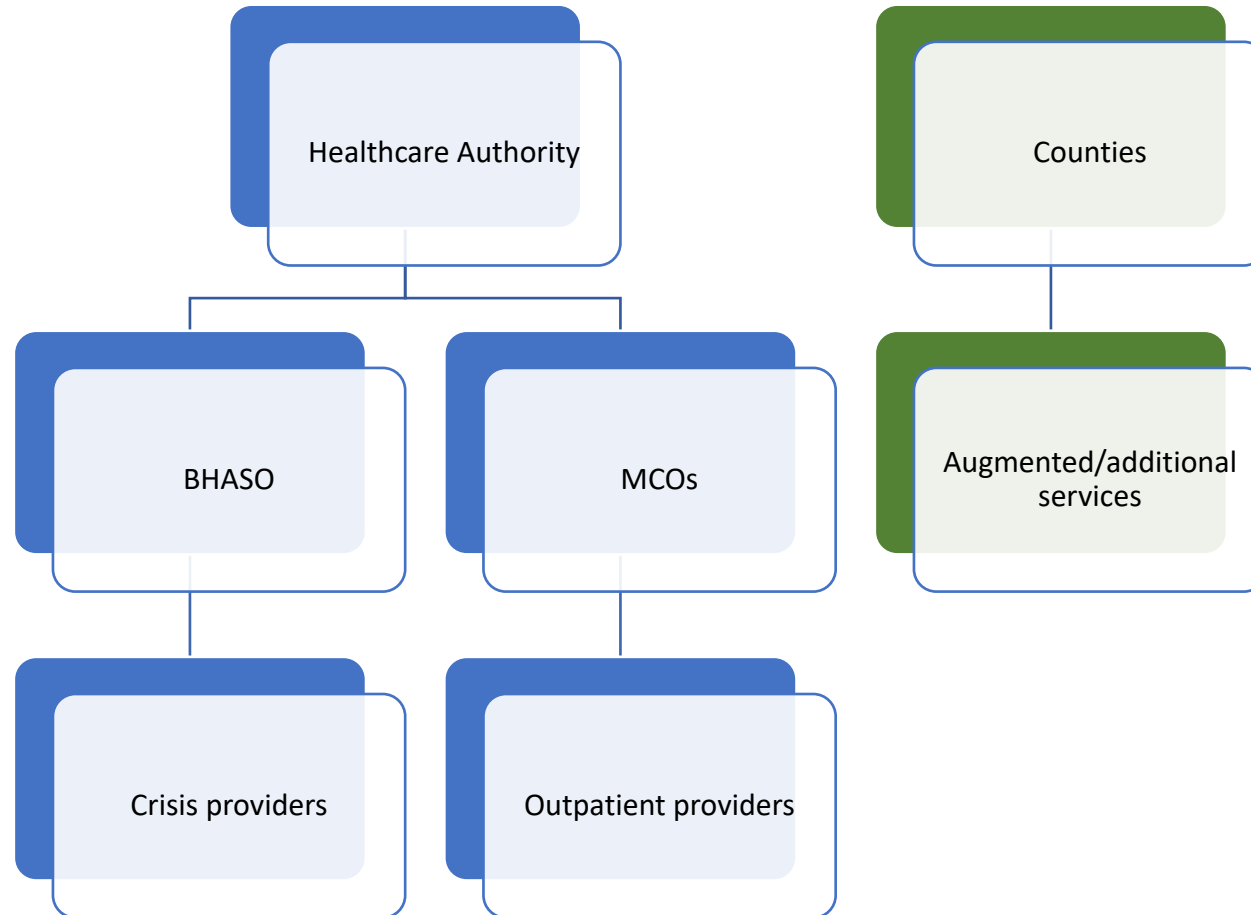
Agenda

- History and current landscape of behavioral health system
- County's role and why we care
- Siloed systems
- What is Grays Harbor County doing?
- Available data (and what's missing)
- Takeaways/next steps
- Q & A

History and current landscape



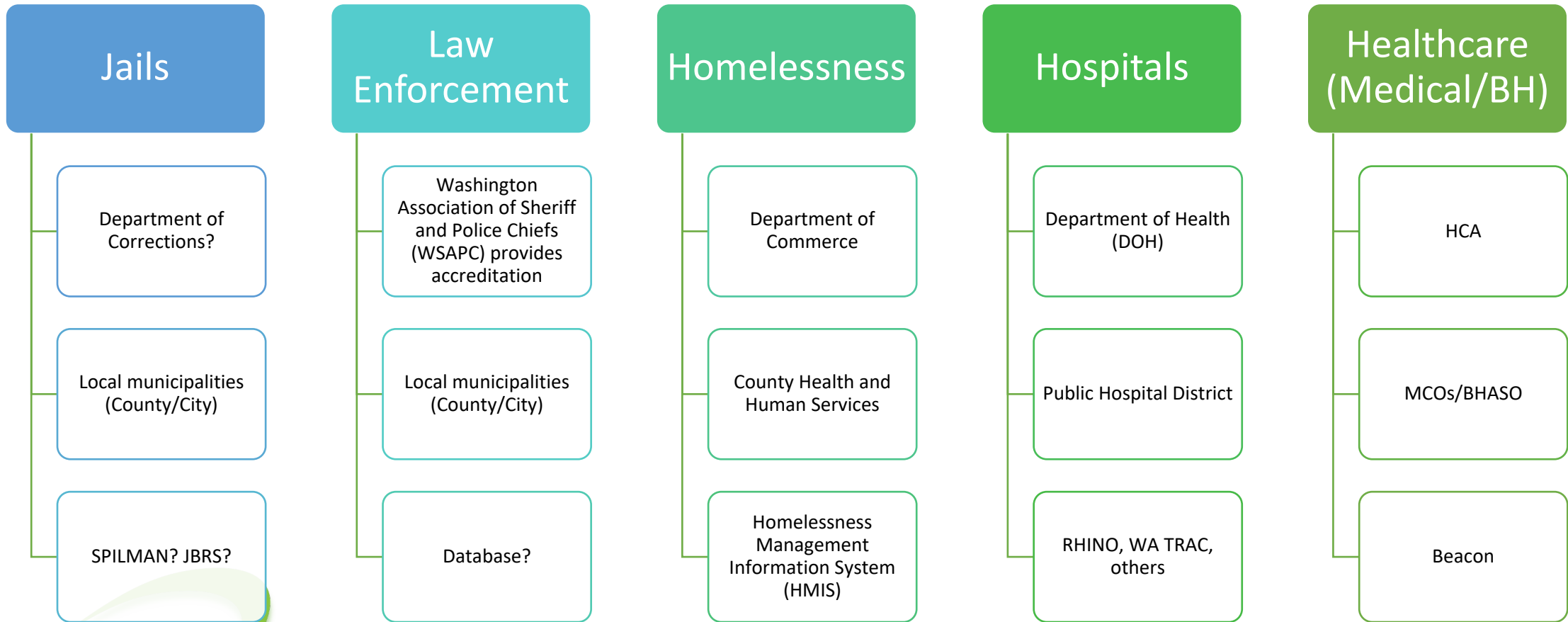
History and current landscape



County's Role & Stake



Siloed Systems – Data, Coordination, etc.



What is Grays Harbor County doing?

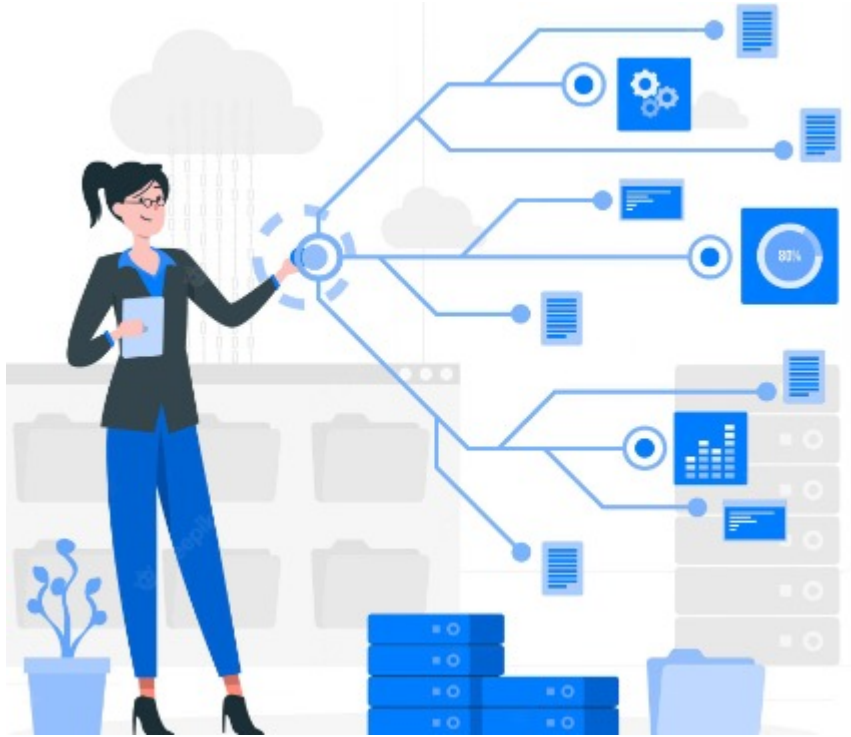
- Community Assessment and planning
 - CHIP/CHA
 - BH Gap Analysis
- Convening/Coordinating
 - Interlocal Leadership committee
 - Familiar Faces
 - Community Partner Coalition

CHIP Findings

The CHA offers critical insights for the development of a CHIP, while the CHIP is used as a base to build community work to address health priorities in the community.



Key Data Points

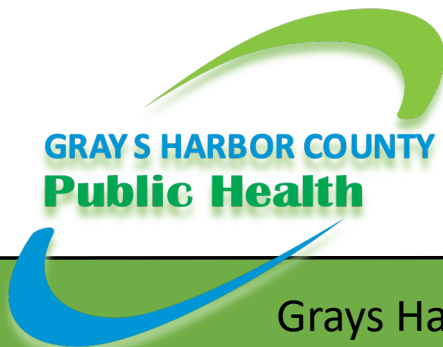


- Grays Harbor lags behind the state average in 11 of 19 measures
- Grays Harbor utilized more crisis services per capita than its much larger county neighbors; further, it was a small group of “familiar faces” to the system that cycled through these services with no resolution
- Grays Harbor uses more Emergency Department visits per capita than the state average
- Mismatch between public perception and provider standards for “access to care”

Findings

Themes Shared by Community Providers and Key Informants Include:

- Lack of services for youth.
- Community lacks awareness of resources.
- Lack of transportation is a major barrier.
- Access – initial and emergency.
- Lack of available care in outlying areas.
- Workforce – Shortage of behavioral health staff.
- Stigma
- Transitions of Care – Follow-up treatment.
- Lack of culturally and linguistically appropriate services and services targeting vulnerable populations.



Familiar Faces

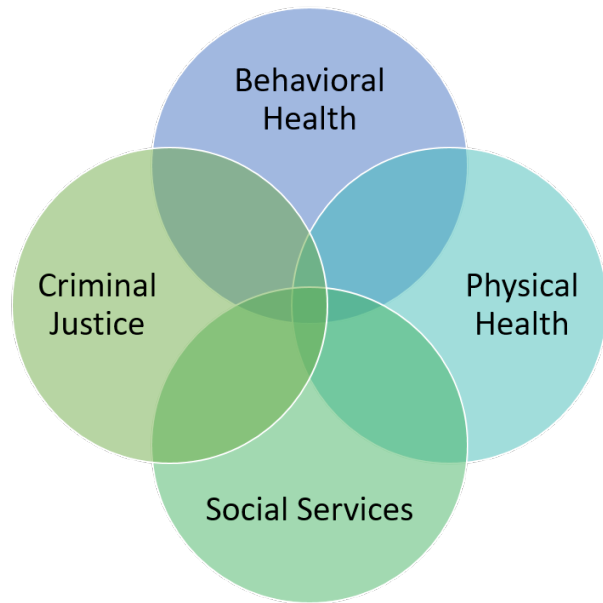
Familiar faces are individuals who frequently cycle through jails, homeless shelters, emergency departments and other crisis services.

- Achieve better outcomes and lower incarceration rates for vulnerable, high-need residents.
- Share data between health and justice systems so they can identify familiar faces of multiple systems, connect them to services and break the cycle of justice system involvement and hospital usage.

Grays Harbor participation in NACO initiative:

- TA calls with NACO and subject matter experts
 - In-person site visit
 - Peer learning calls
- Connections to other resources/training

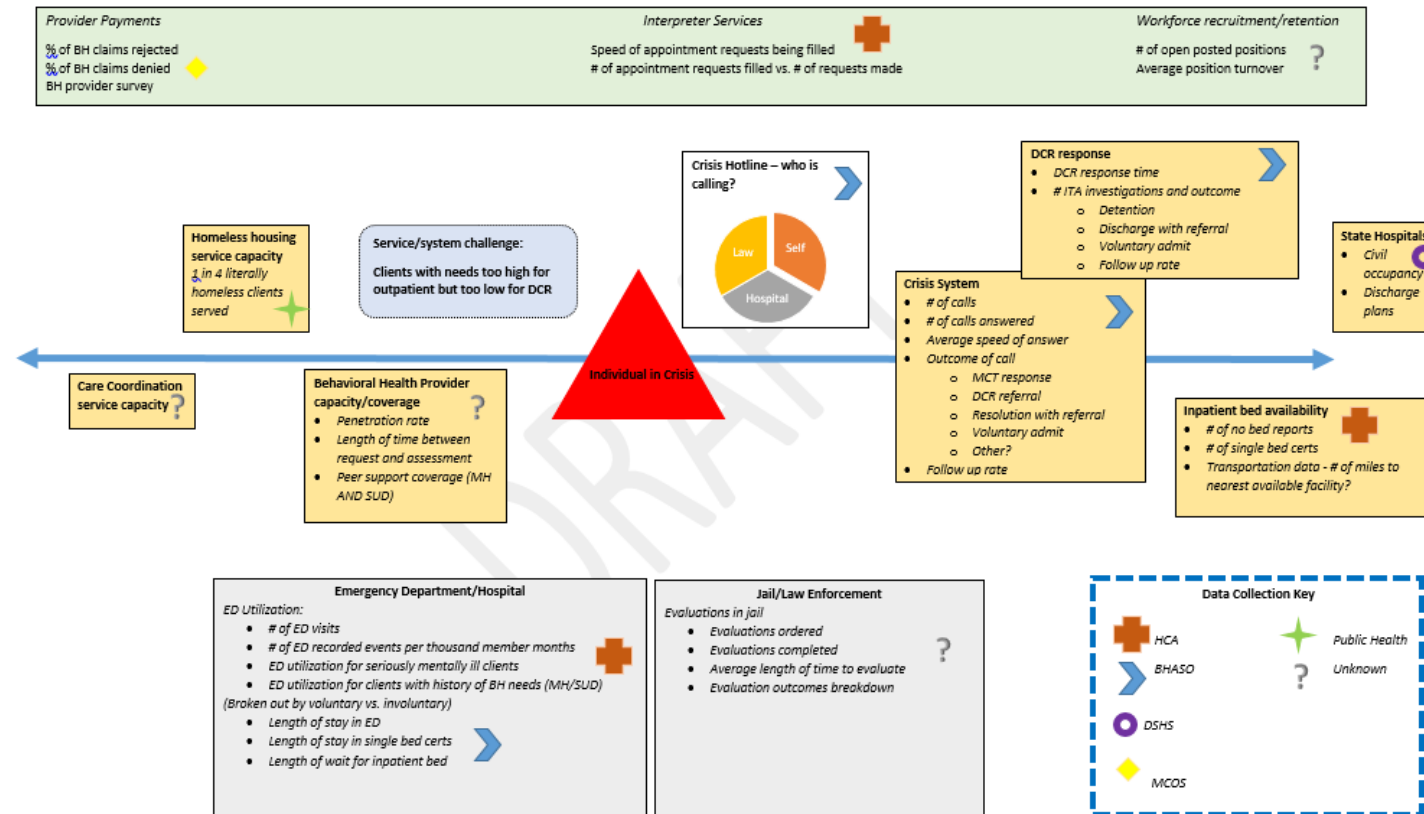
Community Partner Coalition



- **Shared understanding and continuous learning** - about individual services/providers as well as larger systems
- **Collaboration** - Partners coordinate, augment, and enhance other systems' services but DO NOT DUPLICATE
- **Systems-thinking** - Opportunity to troubleshoot individual cases AND apply knowledge to system barriers
- **Share and reflect on relevant data** – review local, regional, Statewide, and National data, prioritize data points, and provide local context to those systems (i.e. Difference between what's happening on paper vs. what's happening on the ground in the community)
- **Collective voice** – develop, refine, and use unified messages to speak about issues and solutions

What data do we have? What is missing?

DRAFT 2/20/20



GRAY'S HARBOR COUNTY
Public Health

HEALTHY PLACES

What data do we have? What is missing?

- What we have

- Homelessness data
- Crisis data
- ER data (partial/new)
- Jail services data
- Behavioral Health navigator data
- Overdose response and death data

- What we don't have

- Outpatient access and outcome data for mental health and substance use services
- Breakdown of “no bed report” data (i.e. inpatient facility rejections)
- Data on crisis clients who cannot be medically cleared
- I.e. network adequacy benchmarks and where our communities are in comparison

Remaining challenges/next steps

- Lack of data – especially actionable data
 - What is measured vs. what matters
- Different definitions of success
 - i.e. access
- Counties as leaders in this work
- Solutions focused, unified messaging across our system

Questions?