

# HEALTHY PLACES

# County roles in Behavioral Health System

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## Agenda

- History and current landscape of behavioral health system
- County's role and why we care
- Siloed systems
- What is Grays Harbor County doing?
- Available data (and what's missing)
- Takeaways/next steps
- Q & A

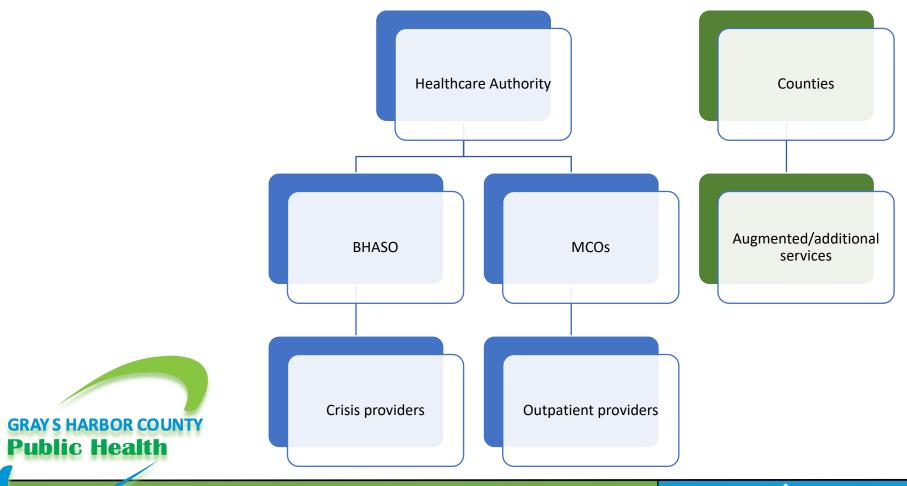


## History and current landscape



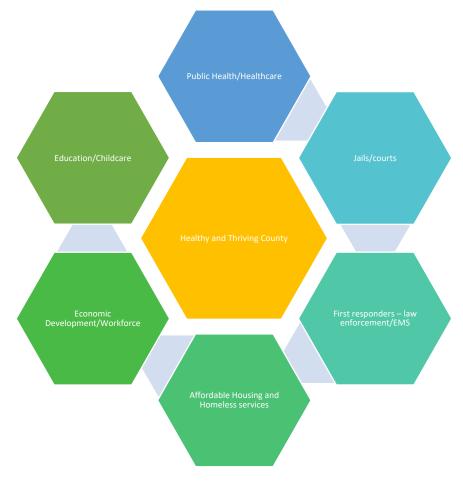


# History and current landscape





# County's Role & Stake





# Siloed Systems – Data, Coordination, etc.

#### Healthcare law Homelessness Hospitals Jails (Medical/BH) Enforcement Washington **Association of Sheriff** Department of Department of Department of Health and Police Chiefs HCA Corrections? Commerce (DOH) (WSAPC) provides accreditation Local municipalities Local municipalities County Health and **Public Hospital District** MCOs/BHASO (County/City) (County/City) **Human Services** Homelessness RHINO. WA TRAC. Management SPILMAN? JBRS? Database? Beacon Information System others (HMIS)

GRAYS HARBOR COUNTY

Public Health

# What is Grays Harbor County doing?

- Community Assessment and planning
  - CHIP/CHA
  - BH Gap Analysis
- Convening/Coordinating
  - Interlocal Leadership committee
  - Familiar Faces
  - Community Partner Coalition





#### **CHIP Findings**

The CHA offers critical insights for the development of a CHIP, while the CHIP is used as a base to build community work to address health priorities in the community.

ACCESS TO
BEHAVIORAL +
PHYSICAL HEALTH
SERVICES

PHYSICAL
ACTIVITIES +
HEALTHY
ACTIVITIES

ACCESS TO SAFE + AFFORDABLE HOUSING 04 CULTURALLY
APPROPRIATE
MASS-REACH HEALTH
COMMUNICATION
+ EDUCATION

Provide strategic leadership to increase community members' access to health care.

- Increase access to behavioral and physical health providers, understanding this includes those without access to transportation and those in rural and remote areas
- Provide culturally appropriate care and translated materials
- Prioritize access to services to address youth mental wellbeing

Improve access to physical activity and positive social engagement.

- Expanded access to activities outside of school sports and safe, welcoming places healthy social engagement
- Access to additional indoor physical activities that are affordable and accessible for all community members, with a focus on services that are not already available in the county
- Expanded services to rural/remote areas
- Culturally specific engagement and social opportunities for the community, with an emphasis on activities for the Hispanic or Latino/a/x youth

Collaborate with community partners to focus on housing as a Social Determinant of Health.

- Housing to attract new workers, particularly health care providers
- Availability of rental housing for students and those in recovery
- General availability, affordability, and conditions of housing

Increase the availability of culturally appropriate mass-reach health communications and health education materials for non-white and Spanish speaking community members.

#### **Key Data Points**



- Grays Harbor lags behind the state average in 11 of 19 measures
- Grays Harbor utilized more crisis services per capita than its much larger county neighbors; further, it was a small group of "familiar faces" to the system that cycled through these services with no resolution
- Grays Harbor uses more Emergency Department visits per capita than the state average
- Mismatch between public perception and provider standards for "access to care"



# **Findings**

# Themes Shared by Community Providers and Key Informants Include:



- Lack of services for youth.
- Community lacks awareness of resources.
- Lack of transportation is a major barrier.
- Access initial and emergency.
- Lack of available care in outlying areas.
- Workforce Shortage of behavioral health staff.
- Stigma
- Transitions of Care Follow-up treatment.
- Lack of culturally and linguistically appropriate services and services targeting vulnerable populations.

#### Familiar Faces

# Familiar faces are individuals who frequently cycle through jails, homeless shelters, emergency departments and other crisis services.

- Achieve better outcomes and lower incarceration rates for vulnerable, highneed residents.
- Share data between health and justice systems so they can identify familiar faces of multiple systems, connect them to services and break the cycle of justice system involvement and hospital usage.

#### **Grays Harbor participation in NACO initiative:**

- TA calls with NACO and subject matter experts
  - In-person site visit
  - Peer learning calls
  - Connections to other resources/training



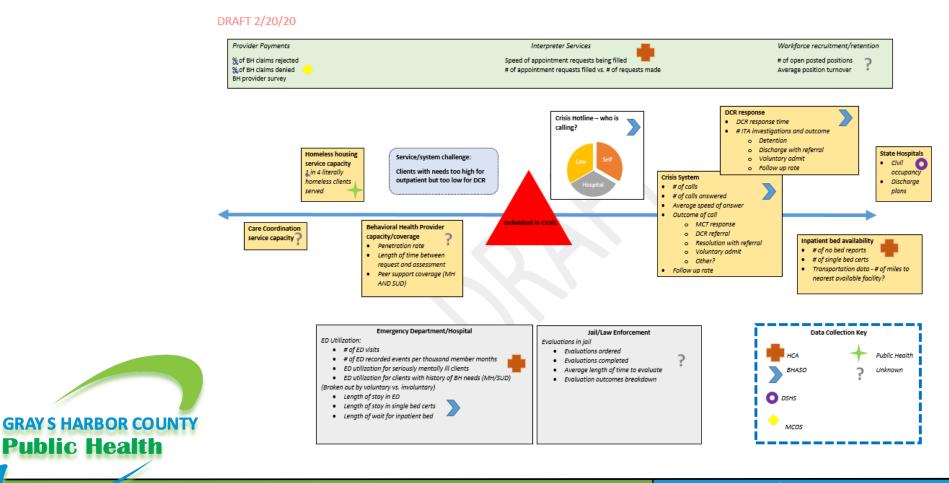
## Community Partner Coalition





- Shared understanding and continuous learning about individual services/providers as well as larger systems
- Collaboration Partners coordinate, augment, and enhance other systems' services but DO NOT DUPLICATE
- Systems-thinking Opportunity to troubleshoot individual cases AND apply knowledge to system barriers
- Share and reflect on relevant data review local, regional, Statewide, and National data, prioritize data points, and provide local context to those systems (i.e. Difference between what's happening on paper vs. what's happening on the ground in the community)
- Collective voice develop, refine, and use unified messages to speak about issues and solutions

# What data do we have? What is missing?



# What data do we have? What is missing?

- What we have
  - Homelessness data
  - Crisis data
  - ER data (partial/new)
  - Jail services data
  - Behavioral Health navigator data
  - Overdose response and death data



- What we don't have
  - Outpatient access and outcome data for mental health and substance use services
  - Breakdown of "no bed report" data (i.e. inpatient facility rejections)
  - Data on crisis clients who cannot be medically cleared
  - I.e. network adequacy benchmarks and where our communities are in comparison

## Remaining challenges/next steps

- Lack of data especially actionable data
  - What is measured vs. what matters
- Different definitions of success
  - i.e. access
- Counties as leaders in this work
- Solutions focused, unified messaging across our system



# Questions?

